

## Sexuality Development Timeline

Biological: The physical systems of the body, including sexual response, hormones, and genitals.

Legal: The age set by the legal system in Pennsylvania for sexuality-related matters.

Psycho-Social: The consciousness of oneself and others, as it relates to sexual development and exploration.

Gender and Social Roles: The cultural expectations of a person to conform to certain gender or sexuality-related behaviors.

<b>Biological</b>		<b>Legal - PA</b>	
Pre-Birth:	Able to get STI	No age:	STI treatment
Pre-Birth:	Vaginal Lubrication	No age:	Birth Control
Pre-Birth:	First Erection	13:	Statutory Rape by > 18
Birth:	Clitoral Stimulation Feels Good	15:	Average age of 1 <sup>st</sup> intercourse (F)
Birth:	Pleasure from Sexual Activity	16:	Average age of 1 <sup>st</sup> intercourse (M)
One:	Masturbation	16:	Able to consent to sex
1-3:	Orgasmic Capability (Female)	18:	Abortion w/o consent
1-3:	Orgasmic Capability (Male)	18:	Able to decide on pregnancy outcome
7-8:	Pubic Hair		
8-9:	Breasts Develop (Female)		
10-11:	Gynecomastia		
11-12:	Menarche		
11-12:	Capable of becoming pregnant		
11:	Wet Dreams May Start – M		
11:	Nocturnal Orgasms May Start - F		
11:	Male Produces Semen		
13:	Male Produces Sperm		
18:	Orgasmic Intensity Increases – M		
30:	Orgasmic Intensity Increases - F		

<b>Psycho-Sexual</b>	<b>Gender and Social Roles</b>
0-3: May Experience Genital Pleasure	0-3: May Experience Sexual Assault
0-3: Engages in Masturbation	3-5: Strong Sense of Male or Female
3-5: Curious about difference between bodies	3-5: Pretends to be Another Gender
3-5: Uses Dirty Words	3-5: Strong Interest In Gender Roles
3-5: Curious About Origin of Self	3-5: Learns Expected Gender Roles
3-5: Inspects Genitals of Others	3-5: Mimics Adult Behaviors
3-5: Explores Own Body, Genitals	6-9: Experiences Puppy Love
3-5: Curious about Pregnancy & Birth	6-9: Develop Attitude Toward Body
6-9: Likes to Hear Sexual Jokes	6-9: Have Sexual Orientation
6-9: Asks Questions About Sex	10-12: Asks ? About Homosexuality
6-9: Increased Modesty & Need for Privacy	10-12: Influenced by Peer Group
6-9: Plays "Doctor" with Peers	10-12: Decision Making About Sexuality
6-9: Interest In Nude Pictures, etc	10-12: Develops Crushes
6-9: Talks about sex with peers	10-12: Starts Being Conscious of Weight
10-12: Experiences Erotic Fantasies	10-12: Feels Awkward About Body
10-12: Sexual or Romantic Fantasies	10-12: Has Same Gender Friends
10-12: Seeks out Sexual Info in Magazines	13-18: Coming Out As Homosexual
10-12: May Try to Alter Body Development	13-18: Has Different Gender Friends
10-12: May Experiment with Sexual Behaviors	13-18: Starts Dating (Hetero & Homo)
13-18: May Initiate Sexual Behavior	? : Able to establish serious commitment
13-18: First Sexual Intercourse	? : Comfortable Communicating Needs
18+: Common Age to Become Parent (M)	? : Comfortable With Own Body
18+: Common Age to Become Parent (F)	? : Coming Out As Heterosexual
18+: Can spend more time engaging in arousal	